

## Department 34 – Health, Social, and Political Science

401, 492, 493, 494A & B, 495, 916, 917, 918  
Superintendents: Loretta Behnke, Lori Behnke

### Requirements:

1. All posters, diagrams, collages or photo displays must be on sturdy poster board 14"x 22".

<b>PREMIUMS:</b>	<b><u>1<sup>ST</sup></u></b>	<b><u>2<sup>nd</sup></u></b>	<b><u>3<sup>rd</sup></u></b>	<b><u>4<sup>th</sup></u></b>
<b>CLASS A, B, C, F</b>	2.00	1.75	1.50	1.25
<b>CLASS D</b>	2.50	2.25	2.00	1.75
<b>CLASS E</b>	3.00	2.75	2.50	2.25

### **CLASS A--INTERGENERATIONS - Project Code 401**

Lot No.

1. Understand older people better by sharing their experiences.
2. What does it feel like to grow older, what happens to our bodies as we age and what is true and false about aging and older people.

### **CLASS B--HEALTH - Project Code 492 Grades 3-4**

Lot No.

1. Display on a healthy diet
2. Display on fitness
3. Display on how smoking affects lungs
4. Poster that illustrates individual uniqueness
5. Display on how to reduce stress
6. Display on personal study-space analysis
7. Display on home safety hazards

### **CLASS C--HEALTH - Project Code 493 Grades 5-6**

8. Display on how smoking affects lung capacity
9. Display on calculating target heart rate
10. Display on the effects of alcohol
11. Display on handling sports injuries
12. Display on stress management
13. Display on injury and accident prevention
14. Display on the effects of chewing tobacco and snuff

### **CLASS D--HEALTH - Project Code 494A & B Grades 7-9**

15. Display on how media can affect self-image
16. Poster on nutrient values of a fast food meal
17. A personal physical activity plan
18. Display on preventing sexual assault
19. Display on eating disorders
20. Display on stress management
21. Display on study tips
22. Display on time management
23. Personal letter written to a legislator on health issue

### **CLASS E--HEALTH - Project Code 495 Grades 10 & up**

24. Display on skin cancer prevention

25. Public service announcement on violence prevention
26. Poster on blood alcohol content
27. Display on stress management
28. Poster on non-violent way to resolve conflict
29. Personal resume
30. Personal and family health history
31. Tanning survey and results

**CLASS F--INTERNATIONAL - Project Codes 916, 917, 918**

1. Poster, diagram, collage or photo display on global citizenship responsibilities in today's interdependent world.
2. Poster, diagram, collage or photo display on similarities and differences among families around the world.
3. Poster, diagram, collage or photo display on current world challenges and interdependence, including the environment, economics, hunger and health.
4. Any other related exhibit